



THE contemporary interior of Waves Italian Bar and Restaurant has a glorious sea view from its spacious, elegantly furnished dining room.



The restaurant that overlooks Caldey Island

Taste of Italy with a Pembrokeshire view

WITH A glass of Chianti in your hand, pasta carbonara on your plate and the glorious vista of an island set in an azure sea, you could be forgiven for thinking you're on the Italian Riviera.

Yet visiting such a restaurant with tempting menus and

stunning sea views doesn't require a plane flight.

Waves Italian Bar and Restaurant has created a fine reputation, with the proven qualities of exceptional dishes, real value for money and attentive and knowledgeable service.

Set within the popular Celtic Haven luxury cottage resort at Lydstep, just outside Tenby, overlooking Caldey Island, Waves is popular with resort guests, tourists and locals who have a taste for a truly relaxing and appetising

culinary experience.

The strong Italian influence was the idea of Celtic Haven owner Philip Evans and is put into practice by restaurant manager and chef David Zanato and chef Maxine Spure.

Giving the menus at Waves restaurant gourmet quality with an Italian theme, was just the kind of opportunity David was seeking when he joined the Celtic Haven team last April.

Pembrokeshire-born but with Italian parents, David started his training in the county and then enjoyed a lengthy and successful career as a chef in some of Britain's most famous establishments, including Claridge's; the Cavalry and Guards Club;

Sheraton Park Tower Casino; Les Ambassadors and the Royal Thames Yacht Club.

So when he and his family decided to settle in Pembrokeshire a few years ago, it was not too long before his background led him back into the restaurant trade.

What David enjoys about Waves is the range of good food the team can offer, making considerable use of fresh, local produce.

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RESTAURANT chef manager David Zanato and chef Maxine Spure, discuss the day's order book at Waves bar and restaurant in the Celtic Haven resort at Lydstep.

WAVES the Italian influence

The Italians are here!

the restaurant that overlooks Caldey Island

Great pizzas, wonderful pasta, superb steaks and delicious fish dishes are just some of the highlights of our Italian restaurant at Waves – a great night out!

Traditional roast served for a lazy Sunday lunch 12.00noon – 4.00pm

Waves is at Celtic Haven, Lydstep on the Tenby to Manorbier Road
Open Mon, Thurs, Fri & Sat evenings and every lunchtime
Bookings: 01834 870085

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Caldey Island Lighthouse

MANAGER David Zanato and chef Maxine Spure are pictured in the Italian-flavoured surroundings at Waves.



SOME of the cottages at Celtic Haven Resort

Asparagus, strawberries, all kinds of seasonal vegetables, beef, lamb, pork and, of course, a wealth of seafood delights, give Waves outstanding range and quality.

“We have a terrific group of local suppliers,” says David, “and they play an important part in helping us to deliver a really special dining experience.”

Enticing dishes, affordable prices

WAVES Italian Bar and Restaurant is open for lunch seven days a week. Enjoy fine dining with an exquisite, yet affordable a la carte menu on Monday, Thursday, Friday and Saturday evenings during the autumn, winter and spring months. During summer and certain school holiday weeks, it is open Tuesday through to Saturday for dinner.

Listed as one of the best in Wales and described as ‘simply stunning’ by Wales in Style, the restaurant offers some enticing Italian dishes.

For example, a tempting starter is Mussels Rimini, fresh mussels drenched in Italian white wine and a generous helping of fresh cream. If seafood as a main dish takes your fancy, try Spaghetti vongole, an Italian coastal village specialty — fresh clams in their shells, combined with garlic and wine sauce and spaghetti. Delicious!

For a change from seafood, what about Lamb Chianti, a rump steak of lamb marinated in rich red wine and rosemary on a bed of braised cabbage?

Restaurant manager David Zanato is able to recommend appropriate wines from an excellent Italian-biased selection. He can offer three palatable house wines costing less than £3 a glass but is particularly keen on recommending a delightful Chilean Sauvignon Blanc when white is your choice.

Apart from a range of dessert wines and after meal spirits, customers might be inclined to try an Italian liqueur called Pisa, which comes, not surprisingly, in a leaning bottle.

Underpinning the manager’s policy is the emphasis on affordability. “With the recession tending to curb people’s spending,” says David, “it’s vital that we offer conve-

nience and variety, as well as top quality food and service at a price that suits most pockets.

“For example, we offer light lunches, an excellent children’s menu and dishes for people with special diets. Our pizzas are also very popular, following traditional southern Italy recipes and they are available to take away for customers’ convenience.”

The restaurant is also aware that resort guests may catch their own fish and these can be prepared and cooked to order.

Special occasions

WAVES restaurant also has a civil wedding licence and caters for wedding receptions, birthday celebrations and traditional events such as St. David’s Day with its Welsh menu.

Apart from the exciting Italian dishes, it has a strong traditional British base, offering leisurely Sunday roasts up to 4pm, Welsh dishes, music nights and, coming up soon, Valentine’s night with an enticing, romantic menu at £27.95 per person.

Waves can accommodate 50 customers and offers daily lunch on Monday to Saturday (noon to 2pm), including light choices. A special two-course, over 60s lunch, at £8.95, is available on Tuesdays and Thursdays.



Enquiries and all reservations can be made by calling **01834 870085**

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the Italian influence

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