



RIDERS looking forward to 2010
Photo by Pembrokeshire Photography

The 2010 Tour of Pembrokeshire **BIGGER** and **BETTER** than ever!

ONE of UK cycling's most popular cyclosporatives is set to be bigger and better than ever in 2010. This year the competition, which raises funds for Wales Air Ambulance, will start in the very centre of Saundersfoot and will offer participants a choice of three distances.

The event takes place on Sunday, June 13th and entries are already coming in thick and fast. No wonder, as in both 2008 and 2009 (as recorded on www.cyclospor.org), participants voted the event the most popular Welsh sportive.

A unique experience for riders

As Bryan Jones and Tim Brace, organisers of the event, explained: "We are working hard to ensure that all riders will be delighted with this ride! We have a new start and finish venue for the event, the very centre of Saundersfoot. Plus, this time around,

there is even more choice for participants with three distances available; 117 miles (189km), 82 miles (132km) and 63 miles (102km).

"Most important of all, we hope the event will raise even more money for Wales Air Ambulance. We really want to build on the incredible £20,656 that Wales Air Ambulance has received in rider sponsorship and event proceeds from the last two years."

In 2010, the start and finish area will be at The Regency Hall, Saundersfoot. All facilities have already been reserved and the community council and villagers are looking forward to welcoming the event and creating a friendly and lively atmosphere. The main sponsor, Chevron, is very supportive of this development and believes that 2010 will provide a unique experience for all participants.

Wales Air Ambulance needs you!

While many experienced riders take

part in the competition, it also has huge appeal for the more novice rider. It is not only a chance to achieve something special but also to raise funds for a life-saving charity. In the nine years since it was formed, the three helicopters of Wales Air Ambulance have flown more than 12,000 missions throughout Wales. While the air ambulance frequently attends incidents in Pembrokeshire, many residents and visitors still don't realise that the charity depends on public donations to fund its work. In fact, the charity needs to raise £5million per annum from the public to sustain this service.

Mike Ashbridge from Wales Air Ambulance wants new and local cyclists to come forward, step up to the challenge and enter the event. "Local cyclists have in the past raised the lion's share of the sponsorship generated by this event and 2010 is likely to be the same. If you fancy a challenge, if you want to achieve something special and raise money for a life-saving charity, then please



WALES Air Ambulance has three helicopters
Photo by Pembrokeshire Photography

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enter this event and support us.

"Not only will you achieve that but training will help get you fit and finally, you will know that your sponsorship contribution could genuinely help save a life. It can't get any better than that!"

How to enter?

All entries for the Tour of Pembrokeshire can be made online at www.tourofpembrokeshire.co.uk with a link on the website allowing you to download a Wales Air Ambulance sponsorship form. If you feel as though you need the encouragement of training with some more experienced cyclists, then both Tenby Aces and Pembrokeshire Velo are friendly clubs and welcome new riders.

Their website addresses are

www.tenby-aces.co.uk and www.pembs-velo.co.uk.



Chevron is proud to support The Tour of Pembrokeshire once again. We wish everyone good luck in their training and on the day.

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SUBSTANTIAL damage: The stricken sea fisheries vessel, the Cranogwen, at Milford Docks on Friday.

In peril on the sea

BY BECKY HOTCHIN



THERE was peril on the seas last week after separate incidents which saw a collision in the haven and a five-hour rescue operation.

A collision with a tug in the haven on Thursday left a fisheries protection vessel with substantial damage.

The crash between the tug Svitzer Ramsey and the South West Sea Fisheries Committee (SWSFC) vessel, the Cranogwen, happened at about 5.40pm on Thursday near Pembroke Dock.

One crew member from the Cranogwen also sustained minor injuries in the form of whiplash and bruising.

The Cranogwen had just finished being refitted in Pembroke Dock and was about to go back out on patrol.

Phil Coates, director of SWSFC said she was substantially damaged in the collision which had caused the deck to cave in. She is not presently sea-worthy and will remain in the haven until

repaired.

Milford Haven Port Authority is carrying out a full investigation into the incident and the circumstances surrounding it.

Coastguards said the incident had caused no pollution and has been reported to the Marine Accident Investigation Branch.

On Friday, Angle's all weather lifeboat, the Mark Mason, was called out for the first time this year, to a five-hour rescue off the south Pembrokeshire coast.

The lifeboat, which has just returned to Angle after maintenance work at RNLI headquarters, was launched to the aid of a Dutch dredger which was taking in water.

The 65-metre, 949 tonne hopper dredger, Heron, had run into difficulties six miles off St Anne's Head.

The Mark Mason was tasked to the incident at 5.30pm. When she reached the Rotterdam-registered dredger it was listing to the left with water flooding into the hold. There were five crew on board.

Two of the RNLI volunteer lifeboat crew took a salvage pump on board the Heron, in a bid to stabilise the stricken vessel.

The dredger was eventually stabilised enough for her to be given permission to safely enter the Milford Haven waterway and a Milford Haven Port Authority pilot was put on board.

The vessel was escorted to the entrance to Milford Docks, where a tug assisted her to berth.

The lifeboat remained outside the docks until the crew members were able to leave the dredger and return with the RNLI pump.

The lifeboat returned to station at 10.30pm.

EMERGENCY (Above left): Dutch dredger Heron was taking in water and listing to the left.

Picture: RNLI Angle.

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